

# BLUF

BOTTOM LINE UP FRONT



## Bystander Effect

This **BLUF** highlights what we at **The Threat Lab** are watching, listening to, reading, and thinking about. In this issue, we feature three artifacts that define bystander effect and highlight ways in which individuals can help support others.



### VIDEO

From Julia Shaw's Ted Talk, **How to Support Witnesses of Harassment and Build Healthier Workplaces**, "What makes you speak up -- or not -- when you see something you know is wrong? Memory scientist Julia Shaw explains the psychology of those who witness workplace discrimination and harassment -- and shares actionable steps companies can take to support and amplify their voices."

#### Watch the video

[https://www.ted.com/talks/julia\\_shaw\\_how\\_to\\_support\\_witnesses\\_of\\_harassment\\_and\\_build\\_healthier\\_workplaces](https://www.ted.com/talks/julia_shaw_how_to_support_witnesses_of_harassment_and_build_healthier_workplaces)



### VIDEO

From Khan Academy's video, **Bystander Effect**, "You see a person fall to the ground nearby. Would you help? Though most people instinctively say, yes, of course I'd help someone in need, research in social psychology tells a different story. More specifically, research suggest that when you're in a group, you're less likely to help. And research goes further to state that with each person added to the group, individuals feel less inclined to take action. This is known as the bystander effect."

#### Watch the video

<https://www.khanacademy.org/test-prep/mcat/behavior/social-psychology/v/bystander-effect>



### VIDEO

From the description for The Defense Suicide Prevention Office's video, **Simple Things Save Lives**, "Do you know someone going through a tough time? Have you had friends or loved ones post concerning messages online? Would you like to be better prepared to help them through? If you answered yes to any of these questions, come take a look at this short video, YOU could help save a life."

#### Watch the video

<https://www.dspo.mil/SimpleThings/>

The Defense Personnel and Security Research Center (PERSEREC) founded **The Threat Lab** in 2018 to incorporate the social and behavioral sciences into the mission space. The BLUF is made possible by the support of the National Insider Threat Task Force. To be added to our distribution list, please email [dodhra.ThreatLab@mail.mil](mailto:dodhra.ThreatLab@mail.mil).

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